

A PILGRIM REFLECTS

"Pilgrimage is a journey of the heart. A pilgrimage to Lourdes is one of the ways in which, in a short week, you may find that you travel further and deeper in your heart than in any other week of your life."

"How to describe such a place? The best way to understand it is to go there, if you can. It is hard to put it in words; in Lourdes, people come to life. We are led to a deeper love and faith through our service to the sick and disabled as a helper, medic or as an accompanying pilgrim, young or old."

"We live a foretaste of heaven when we do what Jesus asked us to do and bring the weak and poor to the centre of our lives. In the process, we discover our own vulnerabilities. This gives rise to a real connection with other human beings and the chance to discover healthy and lifegiving habits – of frequenting the sacraments, taking the time to pray, and learning the joy of responsibly serving others. It also leads to a realisation that as church and community, we can make

an impact on people's lives. Our faith is not restricted to attending church services it is about building a more just and fairer society, for this reason, we say that Lourdes is love in action."



"As we welcome the relics of St Bernadette... we are also reminded of the special significance of Lourdes as a place of pilgrimage and of love, where people of all ages serve and care for the sick and the most vulnerable in our society. I would encourage those who are able to, to consider continuing the journey begun by the relics of St Bernadette, joining with people from their parishes and dioceses to travel on pilgrimage to Lourdes."

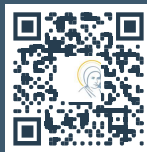
Cardinal Vincent Nichols

OUR INVITATION

We hope that your personal encounter with St Bernadette during the Relic Tour pilgrimage might inspire and encourage you to visit the shrine of Our Lady of Lourdes in France.

Details about organised pilgrimages from your diocese can be found by scanning the QR code or visiting:

stbernadette.org.uk/continuing-the-journey/



We hope to meet you in Lourdes one day. Come and see!

JOURNEYING TO LOURDES ON PILGRIMAGE

The Relic Tour of St Bernadette offers a spiritually enriching opportunity for people across our community of faith to gather together in prayer at churches and cathedrals across three nations. Travelling on pilgrimage to Lourdes and visiting the Grotto where Our Lady appeared to Bernadette, provides an important, spiritually enriching opportunity to continue this journey.

The life and legacy of St Bernadette has touched the lives of people across the world. 160 years after the first pilgrimages to this special place began, Lourdes is one of the busiest Christian pilgrimage sites in the world, with the Catholic Church acknowledging 70 miracles as having taken place there. The dioceses and groups listed below offer an opportunity to be part of the Lourdes pilgrimage experience, journeying in faith with pilgrims of all ages and backgrounds from across England, Wales, and Scotland..

ENGLISH DIOCESES

Arundel and Brighton
lourdes.abdiocese.org.uk
Birmingham
www.birminghamdiocese.org
Brentwood
www.dioceseofbrentwood.net
Clifton
www.catholicassociation.co.uk
East Anglia
www.catholicassociation.co.uk
Hallam
www.hallam-lourdes.com
Hexham and Newcastle
www.hexhamandnewcastlelourdespilgrimage.co.uk
Lancaster
lancasterlourdes.co.uk
Leeds
www.dioceseofleeds.org.uk/pilgrimages/
Liverpool
www.liverpool-lourdes.org.uk/pilgrimage
Middlesbrough
middlesbrough-diocese.org.uk/lourdes
Military Ordinariate of Great Britain
www.cbishopricforces.org.uk
Northampton
www.catholicassociation.co.uk
Nottingham
www.dioceseofnottingham.uk
Portsmouth
www.portsmouthdiocese.org.uk/lourdes
Plymouth
www.plymouth-diocese.org.uk
Salford
www.salfordlourdes.co.uk
Shrewsbury
www.dioceseofshrewsbury.org
Southwark
www.catholicassociation.co.uk
Westminster
rcdow.org.uk/pilgrimages/lourdes/

WELSH DIOCESES

Welsh National Pilgrimage
www.welshnationalpilgrimage.com
Wrexham
www.rcdwxm.org.uk

SCOTTISH DIOCESES

St Andrews and Edinburgh
www.edinburgh-lourdes.com
Dunkeld
www.dunkelddiocese.co.uk/
Galloway
www.gallowaydiocese.org.uk/
Glasgow
www.rcag.org.uk/
Motherwell
www.rcdom.org.uk
Paisley
www.rcdop.org.uk

OTHER PILGRIMAGES

Across
www.across.org.uk
Ampleforth Lourdes Pilgrimage
www.ampleforthlourdes.org.uk
The Catholic Association
www.catholicassociation.co.uk
HCPT
www.hcpt.org.uk
Jumbulance Trust
www.jumbulance.org.uk
Order of Malta
www.orderofmalta.org.uk
OMV - The Order of Malta Volunteers
www.omv.org.uk
Society of Our Lady of Lourdes
www.soll-lourdes.com
The Raphael Pilgrimage
www.raphaelpilgrimage.org.uk