

YEAR *of the* EUCCHARIST



DIOCESE OF **Hexham & Newcastle**

Lord Jesus,
in your gift of yourself in the Eucharist
you look at me as I look at you.
My eyes are deceived,
I see bread wrapped round with gold and silver.
But this small fragile piece
is more valuable than gold,
more precious than all the world.
So easily broken it can mend the world,
joining together every human heart.
So light an object, it outweighs the greatest treasure,
surpassing the mightiest power.

Lord Jesus,
In your gift of yourself in the Eucharist
You receive me as I receive you.
My senses are deceived
I taste simple food and drink
But this little morsel, a tiny sip
is the greatest banquet ever eaten
It is you, my God, entering within me.
So quietly it heals a broken life
curing all humanity
So gently it rescues the feeble sinner
restoring lost innocence.
Fill me and nourish me
that I may drink deep of your strength.
Stay with me in my journey through the world
Satisfy me in my hunger for fulfilment.

Touch me with your power
and enter the depths of my being
as I look at you and you look at me
as I receive you and you receive me.

*Blessed be the Holy Eucharist
in which Christ's sacrifice is offered
and the salvation won for all is given to me!*