

# YEAR *of the* EUCCHARIST



DIOCESE OF **Hexham & Newcastle**

Lord Jesus,  
in your gift of yourself in the Eucharist  
you look at me as I look at you.  
My eyes are deceived,  
I see bread wrapped round with gold and silver.  
But this small fragile piece  
is more valuable than gold,  
more precious than all the world.  
So easily broken it can mend the world,  
joining together every human heart.  
So light an object, it outweighs the greatest treasure,  
surpassing the mightiest power.

Lord Jesus,  
In your gift of yourself in the Eucharist  
You receive me as I receive you.  
My senses are deceived  
I taste simple food and drink  
But this little morsel, a tiny sip  
is the greatest banquet ever eaten  
It is you, my God, entering within me.  
So quietly it heals a broken life  
curing all humanity  
So gently it rescues the feeble sinner  
restoring lost innocence.  
Fill me and nourish me  
that I may drink deep of your strength.  
Stay with me in my journey through the world  
Satisfy me in my hunger for fulfilment.

Touch me with your power  
and enter the depths of my being  
as I look at you and you look at me  
as I receive you and you receive me.

*Blessed be the Holy Eucharist  
in which Christ's sacrifice is offered  
and the salvation won for all is given to me!*